First Week in a New Place
Day-by-Day Plan

One job a day, so you are settled in a week and not living out of boxes for a month.

1 **Day 1**
Make the bed, set up the bathroom and eat a real meal. ☐

2 **Day 2**
Unpack the kitchen basics and do a first grocery run. ☐

3 **Day 3**
Walk the neighborhood and locate the nearest store and pharmacy. ☐

4 **Day 4**
Unpack the bedroom and put your clothes away. ☐

5 **Day 5**
Hang curtains and set up Wi-Fi and the work area. ☐

6 **Day 6**
Break down boxes and do the first clean. ☐

7 **Day 7**
Take a break, plan the next week and make a list of what's missing. ☐