Moving Day, Hour by Hour printable plan

Print this and tape it by the door. Shift the times to fit your move, but keep the order.

1. **The night before**
   Charge phones, pack a bag with essentials, set two alarms and confirm the time with movers or helpers. ☐
2. **6:30 am: wake up and eat**
   A real breakfast and water. It's a long day. ☐
3. **7:30 am: last pass of the old place**
   Open every closet and drawer, check the bathroom, and strip the bed. ☐
4. **8:00 am: protect the new place**
   If you can, lay down floor protection and clear a path. ☐
5. **8:30 am: helpers or movers arrive**
   Give a quick tour: fragile things, order of loading and where things go. ☐
6. **9:00 am: load the heavy items first**
   Big furniture and appliances go in first, boxes fill the gaps. ☐
7. **11:30 am: break and photos**
   Check the old place is empty and take photos of the empty rooms. ☐
8. **12:30 pm: drive and unload**
   Unload the first-night box and beds first, then the rest. ☐
9. **2:30 pm: set up the bed and bathroom**
   You'll want them tonight, so do them before anything else. ☐
10. **4:00 pm: kitchen basics**
    Unpack plates, a pan, a kettle and cleaning supplies. ☐
11. **6:00 pm: stop and eat**
    Order food or eat something simple, then stop for the day. ☐
12. **Before bed**
    Lock up, check the keys, charge phones and sleep. The rest can wait. ☐